

Omega USPs

Ahead of their Class

Highest Potency

Omega 950 USP™ has 950mg per capsule
EPA (625mg), DHA (245mg) and
Other Omega-3 Fatty Acids (82mg)

USP Verified

(United States Pharmacopeia)
Our ultra-pure fish oils come from
Ocean Nutrition Canada the only
supplier of USP Verified fish oils

Pharmaceutical Grade

An advanced molecular distillation
purification process using temperature
controlled vacuum technology ensuring
ultra-pure consistent oils

Low Levels Anisidine and Peroxide

(The measurements for rancidity)
Stabilized with vitamin E

Guaranteed Purity and Potency

Independently verified to ensure the lowest levels of
environmental pollutants, including dioxins, PCBs,
pesticides and heavy metals, including mercury.



EPA-DHA Essential Fatty Acids
from Ocean Nutrition Canada



Key Benefits:

EPA and DHA from fish oil promote cardiovascular health by supporting optimal triglyceride and cholesterol levels and reducing platelet aggregation. Fish oil has also been shown to promote optimal joint function and overall brain and nervous system function.

Omega 600, 780, and 950 USP™ contain oil from Non-GMO fresh, wild-caught sardines and anchovies gathered from the cold waters of the deep sea.*

NuMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE

9503 East 55th Place, Tulsa OK 74145 | Toll Free: 866.787.5175 | www.numedica.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Omega 950, 600 & 780 USP™

Ocean Nutrition of Canada (ONC) the standard for quality Omega 3 Fish Oils

Ocean Nutrition of Canada provides the purest, safest source of EPA/DHA fish oil. Our OMEGA-3 950 600 & 780 are the first and only fish oil to achieve USP (United States Pharmacopeia) verification, the most rigorous quality assurance in the world.

OMEGA 950 600 & 780™ fish oil from Ocean Nutrition of Canada are manufactured to cGMP (current Good Manufacturing Practices) and CFIA including HACCP (Hazard Analysis and Critical Control Point) standards and comply with the Canadian Food Inspection Agency (CFIA) and the Global Organization of EPA and DHA Omega-3 (GOED) standards.

Essential fatty acids are special fats the body needs for optimum health. Fish oils contain omega-3 fatty acids, one of the two main classes of essential fatty acids. (Omega 6 is the other type) The ethyl ester form (ethyl-omega-3) which is also used in Omega 600 & 780 USP™, is approved by the FDA as treatment of hypertriglyceridemia.¹ Interest in omega-3 fatty acids began when studies of the Inuit Eskimos found that, although their diets contain an enormous amount of fat from whales, fish and seals, they seldom suffer heart attacks. Investigations found the omega-3 oils tend to reduce the risk of heart disease and strokes.

Requirements: A healthy diet should provide at least 5 grams of essential fatty acids daily. The most important omega-3 fatty acids found in fish oil are called eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Oil from cold-water fish is the richest natural source of omega-3 fatty acids. Vitamin E is added to keep the oil from becoming rancid.

Uses: Fish oil raises HDL ("good") cholesterol which thins the blood, lowers levels of homocysteine, prevents heart arrhythmias, slows the heart rate, improves blood vessel tone, and decreases blood pressure.^{2,3,4,5,6,7.}

Fish oil may alter the body's production of prostaglandins. Based on this, it has been used as a treatment for rheumatoid arthritis, with positive results. It reduces symptoms without side effects and may enhance the benefits of drugs, that are used for arthritis.^{8,9} Anti-inflammatory properties of fish oil's are the likely explanation for its benefit in dysmenorrhea (menstrual pain).¹⁰

In addition, fish oil used by pregnant women may support healthy brain function and help prevent eczema and allergies in offspring.¹¹ In a randomized, controlled trial with long-term follow-up, mothers taking fish-oil during late pregnancy, reduced the risk of asthma in the children up to 16 years later.¹² In one large, randomized, controlled trial, diets rich in fish and omega-3 fatty acids from fish were associated with a significant reduction in the risk of developing colorectal cancer among men over a 22-year period. Another study provides evidence on benefits of fish oil in reducing the risk of prostate cancer.¹³

Safety Issues: Fish oil appears to be generally safe. It has a mild blood-thinning effect; it increased the effect of the blood-thinning medication warfarin (Coumadin). Fish oil does not seem to cause bleeding problems when it is taken by itself or with aspirin. People who have complications related to excessive bleeding, should consult a physician before taking fish oil.

(Omega 780 Supplement Facts)

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 120

	Amount	%Daily Value*
Calories	13	
Calories from Fat	11	
Total Fat	1.2482 g	2%
Vitamin E (as d-alpha tocopherol)	10 IU	33%
Natural Marine Lipid Concentrate	1.2482 g	**
EPA (eicosapentaenoic acid)	450 mg	**
DHA (docosahexaenoic acid)	330 mg	**

* Percent Daily Value based on a 2,000 calorie diet.

** Daily value not established.

Other ingredients: Gelatin, glycerin, purified water, enteric coating and vanillin.

Contains: Fish (anchovy and sardine).

Note: Vitamin E may be derived from soybean oil.

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